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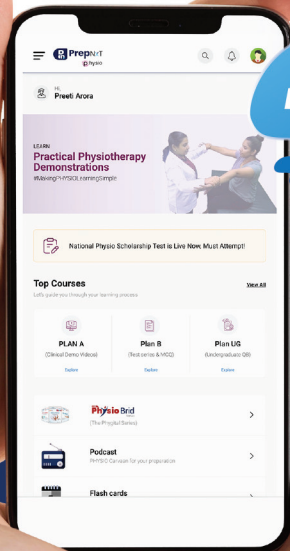


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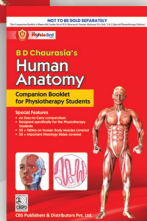
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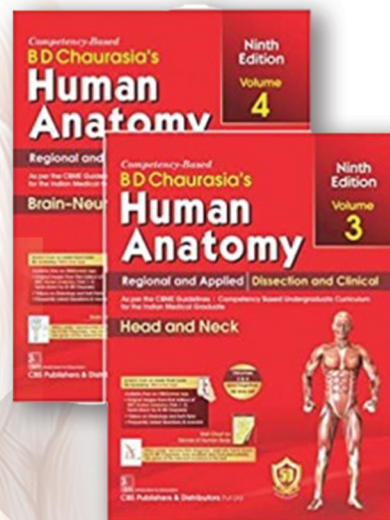
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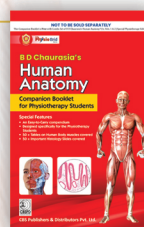
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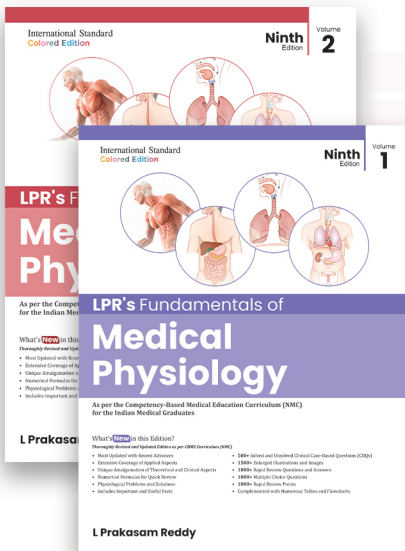
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About the Chief Editor of the Book

Krishna Garg MBBS, MS, PhD, FIMSA, FIAMS, FAMS, FASI, is ex-Professor and Head, Department of Anatomy, LHMC, New Delhi, where she completed her MS and PhD and taught anatomy till her retirement. She has received many fellowships from the Indian Medical Association, Academy of Medical Specialists, and the International Medical Science Academy, the Academy of Medical Sciences (FAMS) and Anatomical Society of India. She was honored with Excellence Award in Anatomy in 2004, Life Time Achievement Award and DMA Distinguished Services Award, in 2015. She is visiting faculty DNB, MDS and a PhD examiner. She is the author of numerous books on Anatomy.





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About the Author

L Prakasam Reddy, MBBS, MD (Physiology) is a former Associate Professor, Department of Physiology Kamineni Institute of Medical Sciences, Telangana, India. He completed his MBBS in 1968, and MD, Physiology in the year 1971 from JIPMER, Puducherry. He has more than 40 years of experience of teaching Physiology to Undergraduate and Postgraduate Medical students as well as other health sciences students. Dr. Reddy is an eminent scholar and has to his credit more than 20 national and international professional publications. He runs a YouTube Channel "LPR Physiology Fundamentals-YouTube", where he teaches the concepts of Physiology to students. He has authored multiple books on Physiology.



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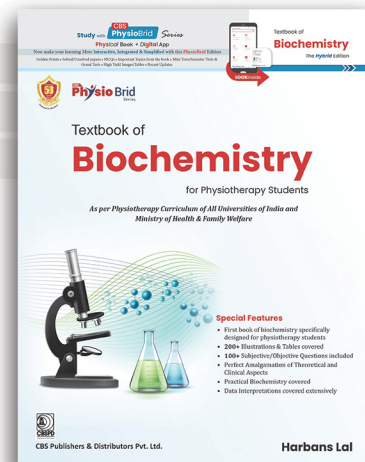
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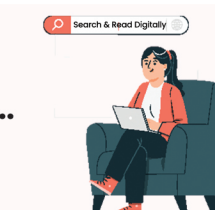
About the Author



Harbans Lal PhD, FIAO, FACBI, FSOBSI is a former Professor and Head, Department of Biochemistry at Maharaja Agrasen Medical College, Agroha, Hisar (Haryana). He has vast experience of more than 34 years. He has written 12 textbooks and published more than 150 research papers in various national and international journals. He is also a peer reviewer of several national and international research journals.

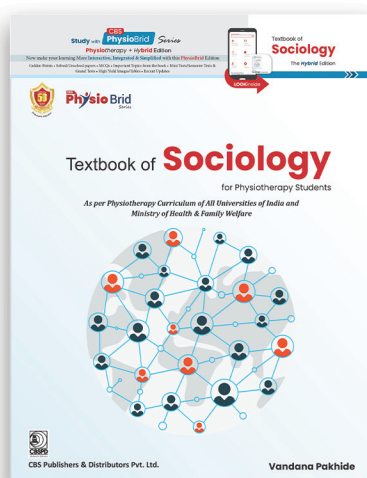
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About the Author

Vandana Pakhide MA (Sociology), MSc (N), is presently working as an Associate Professor, Pragyan College of Nursing, Bhopal (Madhya Pradesh). She achieved Master's degree in Social Science from Doctor Harisingh Gour Vishwavidyalaya Sagar (Madhya Pradesh).



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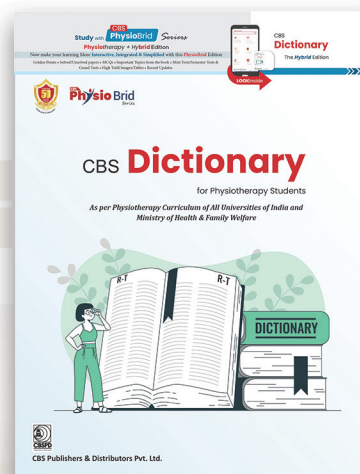
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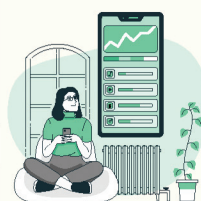
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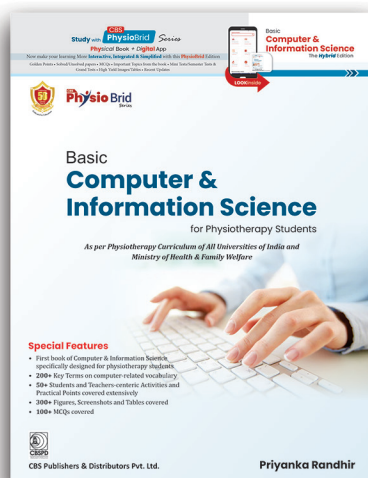
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About the Author

Priyanka Randhir has completed her BSc (N), RN and MSc Nursing (Pediatrics) from prestigious institutes affiliated to Baba Farid University of Health Sciences, Faridkot, Punjab. She completed her MA (Sociology) from Guru Nanak Dev University, Amritsar, Punjab. She has been working in the field of Nursing since 2010.



Author
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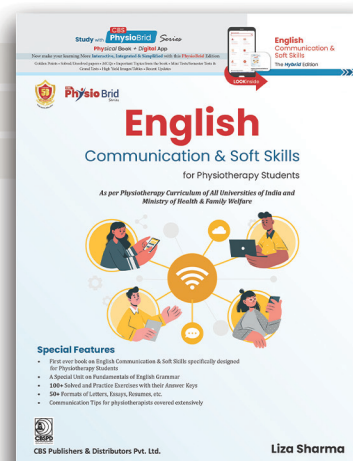


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About the Author



Liza Sharma, MA (Eng), BEd, PhD, MBA, is a former Associate Professor in English, has worked with Gian Sagar Group of Institutions, Banur, Rajpura (Punjab) for about 12 years. She has been training students for IELTS exam for last 15 years and is also taking personality development classes along with the classes on soft skills.

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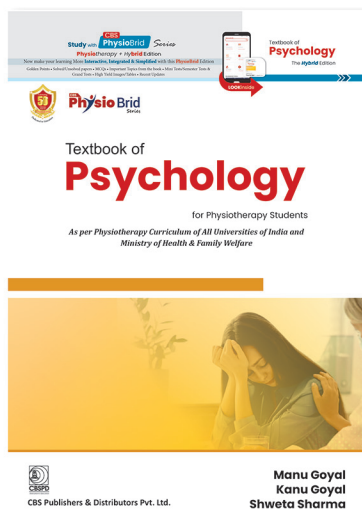
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About the Author

Manu Goyal BPT, MPT (Musculoskeletal), PhD, DPL (Osteopathic Manipulative Theory and Practice), and Post Graduate Certificate in Diabetes Education, is a Professor & Principal at Maharishi Markandeshwar Institute of Physiotherapy and Rehabilitation, MMU-Ambala, Haryana. His research interests include fitness, balance and stability, musculoskeletal and neurological conditions, diabetes, and osteopathy. He has registered 35 copyrights and 5 patents, and has over 90 publications in peer-reviewed national and international journals, along with several book chapters and two edited books.



Kanu Goyal, BPT, MPT (Pediatrics), DPL (Osteopathic Manipulative Theory and Practice), is a PhD scholar and an Assistant Professor at Maharishi Markandeshwar Institute of Physiotherapy and Rehabilitation, MMU – Ambala, Haryana. Her research focuses on fitness, balance and stability, musculoskeletal and neurological conditions, pediatrics, and more. She has registered nearly 30 copyrights and 5 patents, and has over 50 publications in peer-reviewed national and international journals, along with several book chapters and two edited books.



Shweta Sharma, BPT, MPT (Pediatrics), Gold Medallist, is a PhD scholar and an Assistant Professor at the Maharishi Markandeshwar Institute of Physiotherapy and Rehabilitation, MMU– Ambala, Haryana. With over 7 years of teaching experience, her dedication to her field has earned her several prestigious awards, including the Significant Contribution Award, Academic Excellence Award, Research Excellence Award, and Physio Icon Award.



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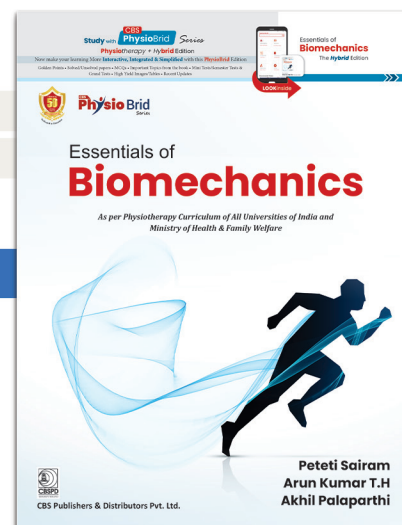
Peteti Sairam BPT, MPT (Neurology), MD (Acu), PhD, is working as an Associate Professor and Principal in charge at KVG Institute of Physiotherapy, Karnataka. He is an experienced Physiotherapist with a demonstrated history of working in Rehabilitation, Exercise Prescription, and Teaching having 8 years of clinical experience and 6 years of academic experience.



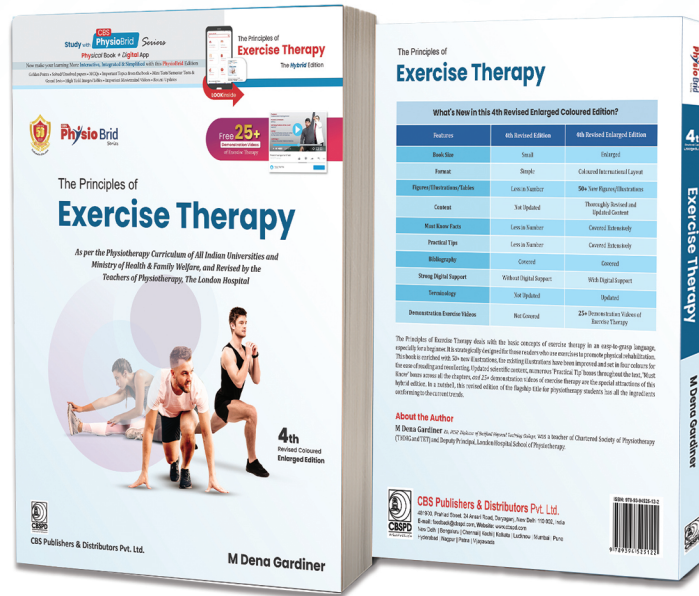
Arun Kumar T H BPT, MPT, and PhD, serves as the Principal of the Sapthagiri Institute of Physiotherapy in Bangalore, Karnataka. With a notable academic and professional background, he has significantly impacted the field of physiotherapy through his leadership and expertise.



Akhil Palaparathi BPT, MPT (Biomechanics), Assistant Professor, Sapthagiri Institute of Physiotherapy, Bangalore. With 3 years of experience, he is a certified dynamic taping and kinetic control practitioner, acupuncture trainer, and manual therapist. He has also published two research articles under his name.



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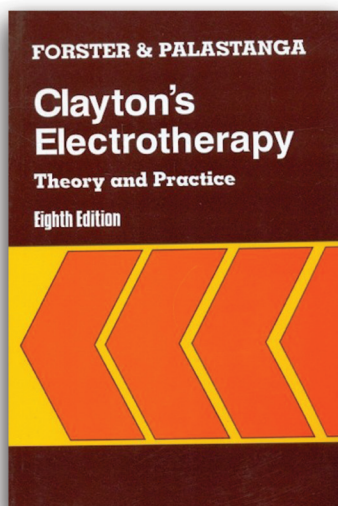


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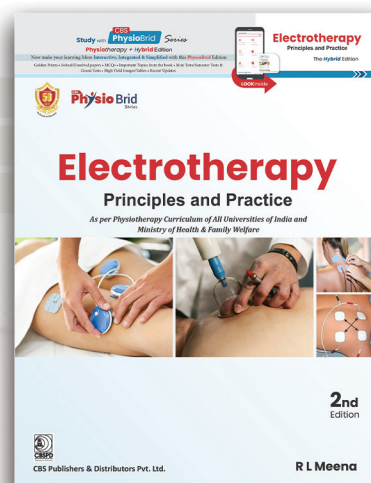


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About the Author



R L Meena is a physical therapist, a teacher, researcher and an author. He has done Bachelor in Physiotherapy from National Institute for the Orthopedically Handicapped, Calcutta in 1998, and Master in Physiotherapy (Orthopedic) from Chaudhary Charan Singh University, Meerut in 2006. He joined Pandit Deendayal Upadhyaya National Institute for the Persons with Physical Disabilities, New Delhi in the same year of completing his BPT and has been teaching BPT students since the time of his joining. He has also published papers in national and international journals. He has been given additional responsibilities of Course Coordinator, and Nodal Officer for "National Scholarship Portal. He is currently pursuing PhD from Punjabi University, Patiala.

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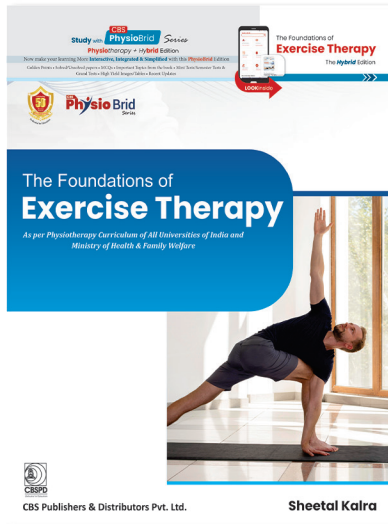
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About the Author

Sheetal Kalra BPT, MPT (Sports), PhD is currently serving as Associate Professor and Head (PG) at the Delhi Pharmaceutical Sciences & Research University (DPSRU), Delhi. With over 18 years of teaching experience, she has authored many books in Physiotherapy.



2nd Year

Author
Shameem Shariff

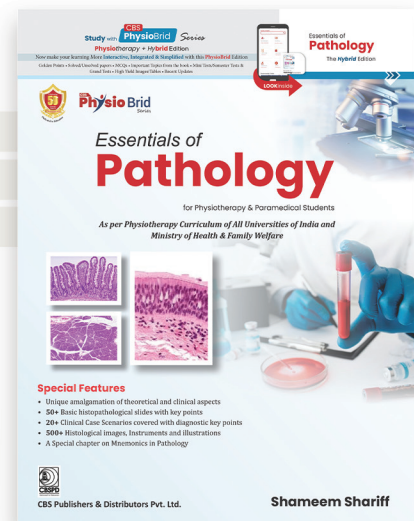
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About the Author



Shameem Shariff MBBS, MD (Pathology), PhD (Pathology), is a former Professor and Head, Department of Pathology, St. John's Medical College and Hospital and MVJ Medical College and Research Hospital, Bengaluru, Karnataka, India. The author was awarded PhD in Pathology in 1995, and served at St. John's Medical College, Bengaluru for 20 years from 1982 to 2002. She also served as a senior consultant in the Ministry of Health, University in Bahrain and Sultanate of Oman from 2002 to 2008. She has several awards to her credit. In 1987, she trained at the prestigious Memorial Sloan Kettering Cancer Center, New York, USA and at the Memorial Medical Center, Long Beach, California, USA under a UCLA travel fellowship. Her name featured among the cytologists of the country in the manual "Cytologists of Repute in the Country" published at the Annual Cytology Conference in 2009. She has more than 110 publications in national and international journals to her credit and has authored several books.

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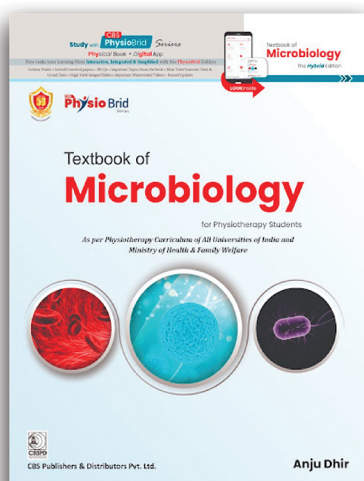
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About the Author

Anju Dhir PhD (Microbiology) is former Lecturer, Department of Microbiology at Shivalik Institute of Nursing, Shimla, Himachal Pradesh. She is gold medalist in Microbiology. She has been in teaching profession for the last 25 years. Her thesis and research papers have been published in many national and international journals.



Authors
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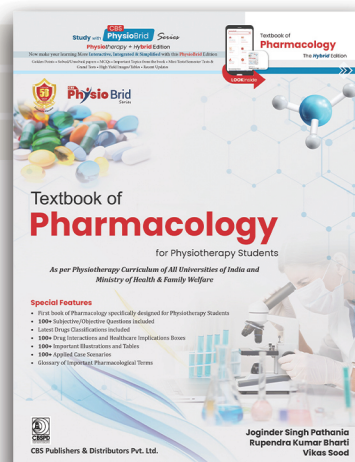


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About the Authors



Joginder Singh Pathania, MBBS, MD, is currently working as a Senior Medical Officer in Government Hospital, Shimla (HP).



Rupendra Kumar Bharti, MBBS, MD, is currently working as an Assistant Professor in the Department of Pharmacology at the Government Medical College Mahasamund, Chhattisgarh.



Vikas Sood, D Pharma, MSc, PhD, is presently working as an Associate Professor in Shivalik Institute of Nursing and Shimla Nursing College, Shimla (HP).

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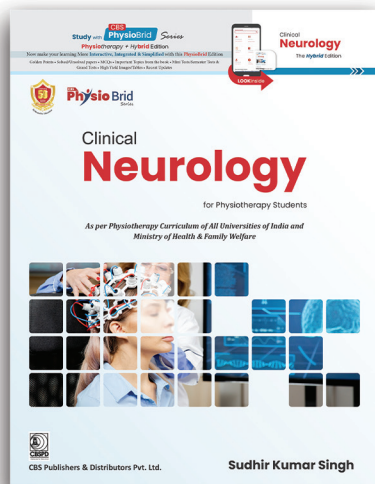
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Sudhir Kumar Singh MCh (Master of Chirurgiae), is currently working as a Junior Resident Neurosurgeon in All India Institute of Medical Sciences, New Delhi. He did his Bachelor of Medicine and Bachelor of Surgery (MBBS) from All India Institute of Medical Sciences, Jodhpur. He has been honored with numerous awards and has authored various medical and allied health sciences books.



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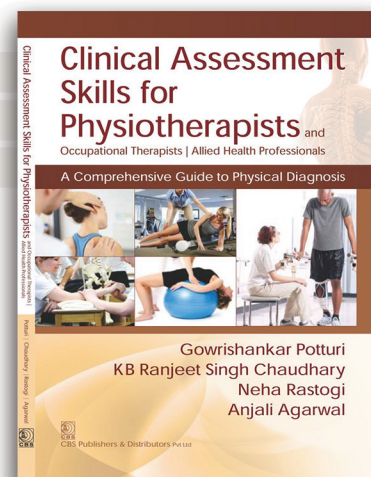


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Gowrishankar Potturi PhD (PT) is currently serving as Lecturer in Physiotherapy, Paramedical Vigyan Mahavidyalaya, UPRIMS&R, Saifai, Etawah, UP. He has specialized in neurological physiotherapy and has more than 10 years of teaching, clinical and research experience. He was faculty, Alliances University College of Medical Sciences and Masterskill University College of Health, Malaysia. He has published many scientific and research articles in various indexed national and international journals.

KB Ranjeet Singh Chaudhary BPT, MPT (Orthopedics), MIAP is currently serving as Demonstrator, Paramedical Vigyan Mahavidyalaya.

Neha Rastogi BPT, MPT (Neurology) is currently serving as Demonstrator in Physiotherapy, Paramedical Vigyan Mahavidyalaya.

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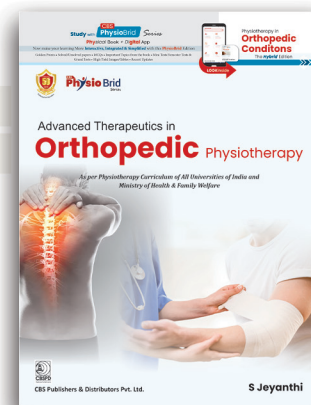
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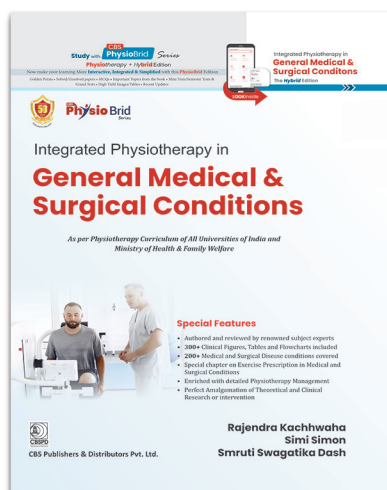
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S Jeyanthi is currently working as Officiating Principal cum Associate Professor at Amar Jyoti Institute of Physiotherapy, University of Delhi. She recently completed her PhD from Punjabi University, Patiala. She did her MPT in Orthopaedics from Dr. MGR Medical University. She is member of Task Force of National Curricula by Ministry of Health and Family Welfare. She is a reviewer for various National and International Scopus Indexed Journals. She has a vast experience of teaching Physiotherapy students.



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About the Authors

Rajendra Kachhwaha BPT, MPT, MBA, PhD, is currently working as a Professor & Principal Narayana Hrudayalaya Institute of Physiotherapy and also working as Senior Consultant Physiotherapist at Narayana Health, Bangalore. He has 12 years of professional experience. He did his BPT & MPT in Neurology and Psychosomatic Disorders from Rajiv Gandhi University of Health Sciences, Bangalore. He has been also awarded with Doctorate degree from MVGU Jaipur in the field of Geriatric Physiotherapy. He has published more than 15 research articles in various national and international Journals. He has delivered lectures in many national and international conferences.



Simi Simon BPT, MPT, is currently working as Assistant Professor in Narayana Hrudayalaya Institute of Physiotherapy. She is having overall 6 years of teaching experience. She completed her PG in Cardio-respiratory and General Physiotherapy from The Oxford College of Physiotherapy (Affiliated with RGUHS) and UG from RV College of Physiotherapy (Affiliated with RGUHS). She has published One chapter in book Revolutionizing Indian Education System. She has 3 articles published in RGUHS journal of Physiotherapy and is a part of editorial review board of Canadian Journal of Respiratory Physiotherapy and RGUHS Journal of Physiotherapy. She is certified in Learning Methodology in Medical Education and Acupressure.

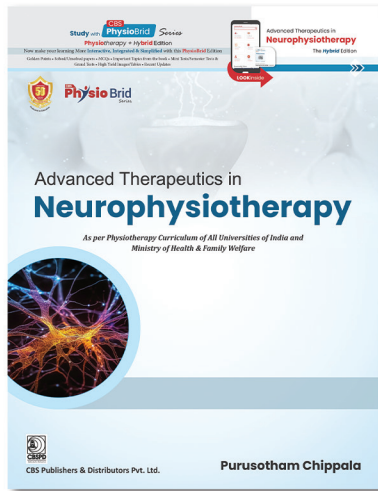


Smruti Swagatika Dash BPT, MPT, is currently working as a Professor at Narayana Hrudayalaya Institute of Physiotherapy, affiliated to Rajiv Gandhi University of Health Sciences, Bangalore with more than 10 years of experience. She is also currently pursuing her PhD. She is a Musculoskeletal & Sports Physiotherapist, Manual Therapist, Women's Health Specialist and PhD Scholar. She is the primary author of more than 15 research articles in various national and international journals in Physiotherapy. She is the Editorial Board member of International Journal of Medicine Health and Health Profession and Research and also Associate Editor of International Journal of Yoga, Physiotherapy and Physical Education.



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Purusotham Chippala BPT, MPT, PhD, C/NDT, is presently working as a Professor at NITTE Institute of Physiotherapy, NITTE Deemed to be University, Mangaluru, Karnataka, India. With over 17 years of experience and skilled in NDT for Adults with Stroke, Traumatic Brain Injury and Cerebral Palsy, he is a clinical researcher who is highly skilled in Neuro-Physiotherapy, Pain Management, Obesity, and Weight Control. He is Author of many reputed books, including Essentials of Electrodiagnosis and Essentials of Electrotherapy. He is a renowned academician with PhD on Stroke Physiotherapy from NITTE Deemed to be University, Mangaluru, India.



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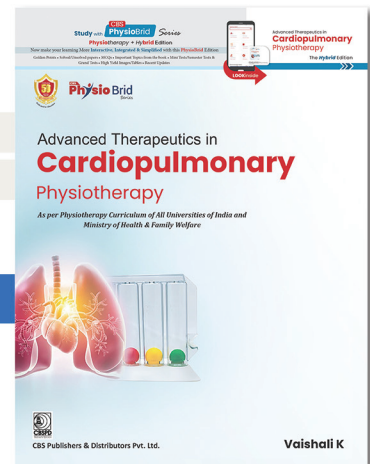
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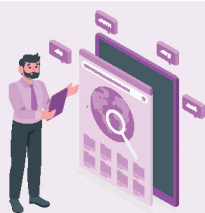
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Vaishali K BPT, MPT (Cardiopulmonary Sciences), PhD is currently serving as Professor at Department of Physiotherapy, Manipal College of Health Professions, Manipal Academy of Higher Education (MAHE) where she also served as the HOD for five years. With an experience of over 23 years, she has 42 Scopus indexed articles published in high quartile national and international journals to her credit. She has been a guide for numerous PhD scholars.



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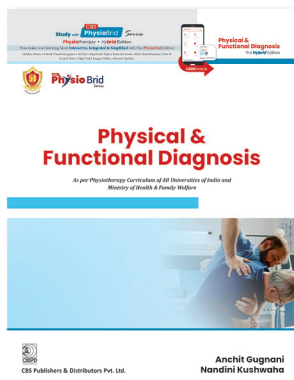
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About the Authors

Anchit Gugnani BPT, MPT (Neurology), PhD, is currently serving as the Director of the Amity Institute of Physiotherapy at Amity University Rajasthan. He is a highly experienced physiotherapist with multiple awards for his clinical and academic excellence. With a distinguished career spanning over a decade, he has published more than 35 research papers and authored 3 books. He has 9 Patents besides receiving a research grant from ICPR and 25 copyrights to his credit.



Nandini Kushwaha BPT, MPT (Cardiopulmonary), PhD scholar with over 5 years of experience and currently working as an Assistant Professor & Program Coordinator at Amity Institute of Physiotherapy, Rajasthan. With numerous published research papers (15), patents (8), and Copyrights (2), and authored 2 books, she carries an innovative approach to physiotherapy education and practice.



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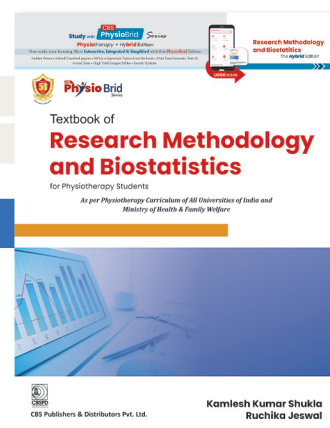
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Kamlesh Kumar Shukla BSc (Statistics & Mathematics), MSc (Statistics), PhD (Statistics), is an Assistant Professor (Sr. Grade) in the Department of Mathematics at Jaypee Institute of Information Technology, Noida. He has collaborated on six projects with international and national organizations such as IIPS, WHO, and DST, New Delhi, India, and has presented numerous papers at international and national conferences. He has published over 125 research papers in esteemed journals and has authored two books.



Ruchika Jeswal BSc (Biochemistry), MSc (Biochemistry), MBA (Marketing), PhD, Advanced Diploma in Management is currently working as an Associate Professor at Amity School of Business, Amity University Noida. With over 20 years of rich teaching experience, she has contributed significantly to research, publishing numerous papers in various domains. She serves on the review boards of several indexed journals and publishing houses and has been actively involved in conferences and Faculty Development Programs (FDPs) at prestigious institutions.

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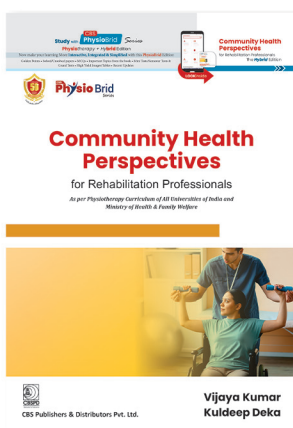
About the Author

Vijaya Kumar K BPT, MPT (Neuroscience), PhD, is currently associated with Kasturba Medical College, Mangalore, Manipal Academy of Higher Education as an Additional Professor & Head. His rich experience of more than 22 years in Physiotherapy Education and Research, includes more than 40 publications in National & internationally indexed journals, authored books on Neurorehabilitation and has a registration of Copyrights and clinical expertise skills focused on Adult Neurology, Cancer rehabilitation, and Health promotion in providing high-quality patient care.

Author
Vijaya Kumar
Kuldeep Deka

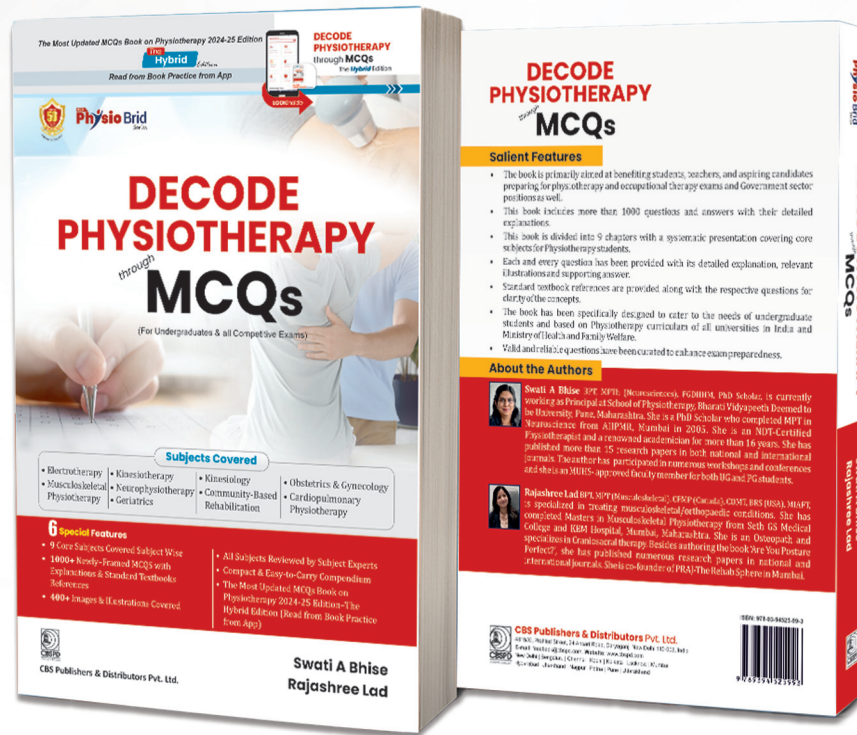
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Kuldeep Deka BPT, MPT (CBR & Geriatrics), PhD, is a distinguished and committed Assistant Professor in the Department of Physiotherapy at Kasturba Medical College, Mangalore, part of the Manipal Academy of Higher Education. He has a prolific research and publishing background, with over 14 years of experience in executing research duties and lecturing to physiotherapy students. He has authored more than 10 publications in national and international indexed journals, with expertise in health promotion, geriatrics, and orthopedic rehabilitation.





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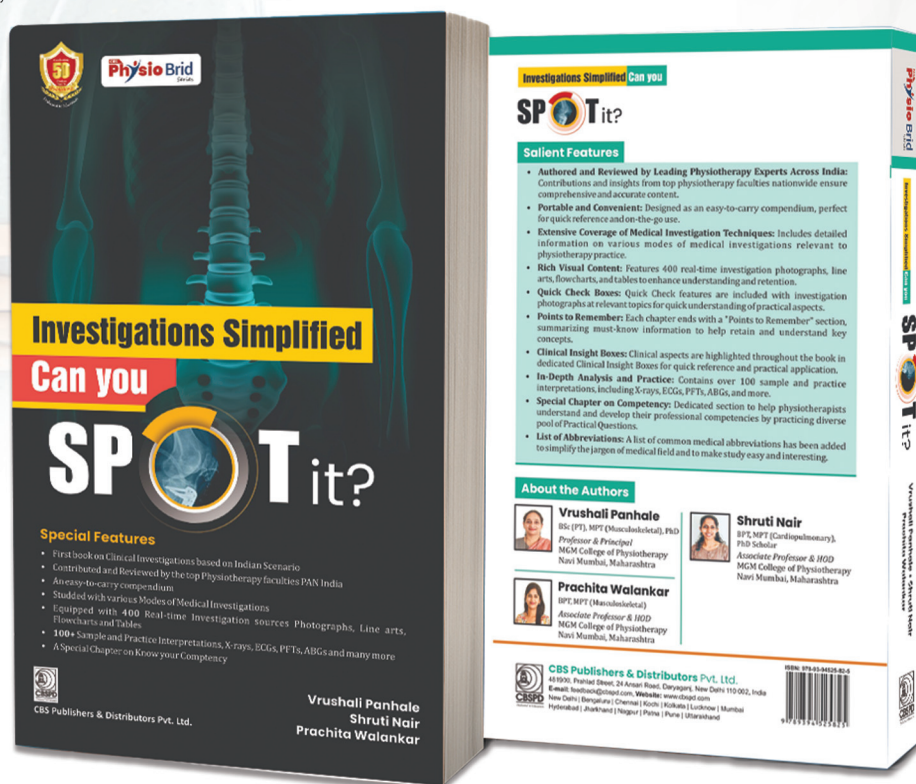
About the Authors



Swati A Bhise BPT, MPTh (Neurosciences), PGDHHM, PhD Scholar, is currently working as Principal at School of Physiotherapy, Bharati Vidyapeeth Deemed to be University, Pune, Maharashtra. She is a PhD Scholar who completed MPT in Neuroscience from AIIPMR, Mumbai in 2005. She is an NDT-Certified Physiotherapist and a renowned academician for more than 16 years. She has published more than 15 research papers in both national and international journals. The author has participated in numerous workshops and conferences and she is an MUHS- approved faculty member for both UG and PG students.



Rajashree Lad BPT, MPT (Musculoskeletal), CFMP (Canada), COMT, BRS (USA), MIAFT, is specialized in treating musculoskeletal/orthopaedic conditions. She has completed Masters in Musculoskeletal Physiotherapy from Seth GS Medical College and KEM Hospital, Mumbai, Maharashtra. She is an Osteopath and specializes in Craniosacral therapy. Besides authoring the book 'Are You Posture Perfect?', she has published numerous research papers in national and international journals. She is co-founder of PRAJ-The Rehab Sphere in Mumbai.



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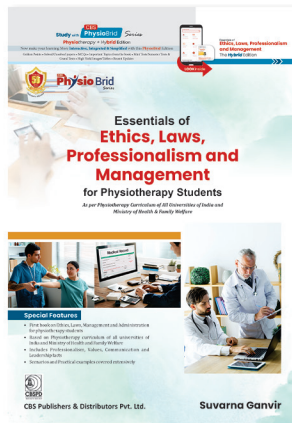
Vrushali Panhale BSc (PT), MPT (Musculoskeletal), PhD is currently serving as Professor & Principal, MGM College of Physiotherapy, Navi Mumbai. She has been an academican for more than 20 years. She graduated from the prestigious Seth G.S. Medical College and KEM Hospital Mumbai in 1998. She has a keen interest in curriculum formation and academic performance and hence pursued her PhD in Physiotherapy education. Her research interests are evidence-based practice, chronic pain, and academic training. She has presented several scientific papers in conferences and published more than 40 research papers in indexed journals. She has numerous awards to her credit.



Shruti Nair BPT, MPT (Cardiopulmonary Sciences) is as Associate Professor & HOD, Cardiovascular and Respiratory Physiotherapy at MGM College of Physiotherapy, Navi Mumbai. With an experience of over 13 years, she is a MUHS recognized post-graduate teacher in Cardiovascular & Respiratory Physiotherapy since 2019. Currently she is also pursuing her PhD in Physiotherapy from Seth G.S Medical College, Maharashtra University of Health Sciences.



Prachita Walankar BPT, MPT (Musculoskeletal) is as Associate Professor & HOD, Musculoskeletal Physiotherapy at MGM College of Physiotherapy, Navi Mumbai. She has a total of 8 years of teaching experience. She is a MUHS recognized post-graduate teacher in Musculoskeletal Physiotherapy since 2021. She has more than 35 publications to her credit.



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Suvarna Ganvir



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About the Author

Suvarna Ganvir BPT, MPT, PhD, CMCL FAIMER Fellow, and Post Graduate Diploma holder in Epidemiology, is a distinguished Professor and Head of the Department of Neurophysiotherapy at DVVPF's College of Physiotherapy, Ahmednagar. She is an active member of the Maharashtra State Occupational and Physiotherapy Council and a Life Member of the Indian Association of Physiotherapists, and also serves on the Board of Studies at MGM University, Mumbai, and Bharati Vidyapeeth, Pune. In addition to her academic roles, she is the Associate Editor of the VIMS Journal of Physical Therapy and the Journal of the Indian Association of Physiotherapists, and holds the position of Maharashtra State Coordinator for the Indian Association of Physiotherapists Women Cell.



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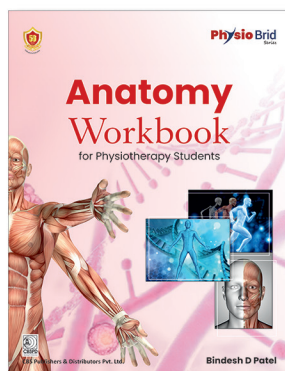
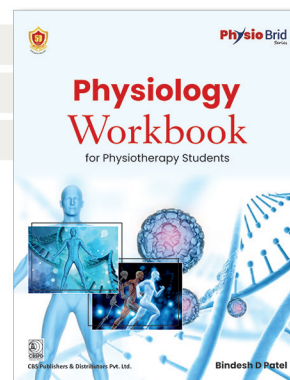
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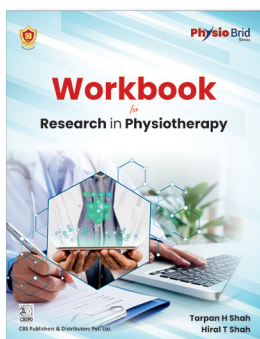
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Bindesh D Patel Bindesh D Patel, MPTh, is currently working in the capacity of Deputy Registrar, P P Savani University, Surat, Gujarat. He completed his MPTh in Musculoskeletal and Sport from MGM University, Navi Mumbai, Maharashtra, and is currently pursuing MBA from IGNOU and PhD from P P Savani University. He has done internationally recognized Kinesio Taping and Neural Tissue Mobilization workshops. He has served as an on-field physiotherapist for many tournaments, including 20th Commonwealth Table Tennis Championship. He has delivered lectures at various institutes as a subject expert. He has to his credit four research papers published in national and international journals. He has interest in innovation and entrepreneurship and is coordinating the SSIP Centre of P P Savani University. He has attended many workshops and completed courses related to start-ups and innovation. He has been adjudged first runner up in the "Innovation Exhibits" competition held in a conference organized at AIIMS, New Delhi. Recently he has filed one patent on posture assessment devices. He is a member of the Gujarat State Council of Physiotherapy.





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Tarpan H Shah BPT, MPT (Cardiopulmonary Sciences), PhD is currently serving as Associate Professor, Head PG & Research at Shrimad Rajchandra College of Physiotherapy, Uka Tarsadia University, Surat. He has served as Principal in-charge and Vice Principal at Shree Swaminarayan Physiotherapy College, Surat for more than a decade. With more than 14 years of experience and a passion for teaching and treating, he is a dynamic keynote speaker at many conferences and CMEs with a keen interest in research. He has 17 articles published to his credit.



Hiral T Shah BPT, MPT (Cardiopulmonary Sciences) is an as Associate Professor at Shrimad Rajchandra College of Physiotherapy, Uka Tarsadia University, Surat. She is a PhD scholar.



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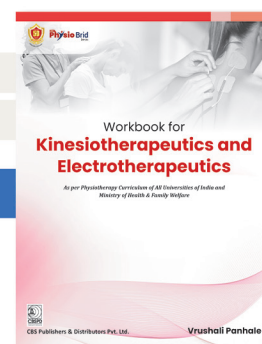
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Vrushali Panhale BSc (PT), MPT (Musculoskeletal), PhD is currently serving as Professor & Principal, MGM College of Physiotherapy, Navi Mumbai, Maharashtra. She has been an academican for more than 20 years. She graduated from the prestigious Seth G S Medical College and KEM Hospital Mumbai in 1998. She has a keen interest in curriculum formation and academic performance and hence pursued her PhD in physiotherapy education. Her research interests are evidence-based practice, chronic pain, and academic training. She has presented several scientific papers in conferences and published more than 40 research papers in indexed journals. She has numerous awards to her credit.



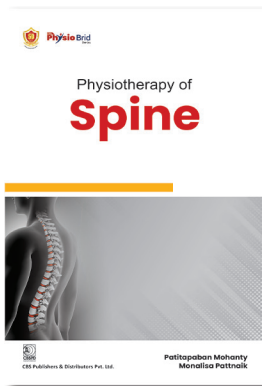
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About the Authors

Patitapaban Mohanty PGDR (Physiotherapy), MPT (Rehabilitation), Ph.D (Medical Science), is currently serving as the Director of the Swami Vivekanand National Institute of Rehabilitation Training and Research (SVNIRTAR) in Cuttack. With a specialization in Manual Muscle Therapy and over 30 years of undergraduate and 40 years of postgraduate teaching experience, he has made significant contributions to academia, publishing 150 scientific articles and authoring six books. He has been presented with many awards including Physio-Ratan Award, AIIMS, New Delhi – 2017.



Monalisa Pattnaik MPT, PhD, is currently serving as the Head of the Department of Physiotherapy at the Swami Vivekanand National Institute of Rehabilitation Training and Research (SVNIRTAR) Cuttack. Her significant contribution to Physiotherapy includes 30 years of undergraduate and 22 years of postgraduate teaching experience, 150 scientific articles, and seven authored books.



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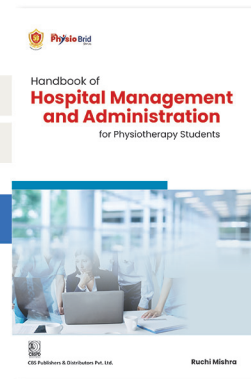
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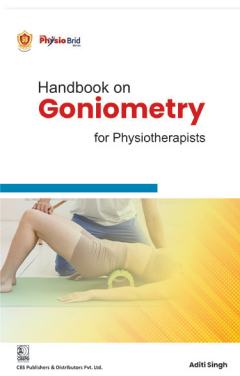
About the Author



Ruchi Mishra BPT, MPT (Obstetrics and Gynecology), is a distinguished academician and professional in the field of physiotherapy. She currently serves as a professor at Ujjain College of Physiotherapy, RDGMC, Ujjain, Madhya Pradesh. Additionally, she holds a position of Editor for the Physiotherapy Journal of the Indian Association of Physiotherapists (PJIAP). With over 18 years of academic experience, she has published more than 14 papers in both national and international journals. She was recognised with the Best Academician Award at MP PHYSIOCON in 2019 and the Women of Excellence Award at the 1st IAP Women Cell Conference, Physio Manthan, in 2023.



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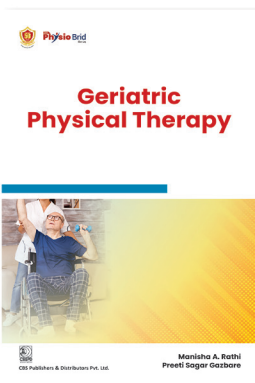


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About the Author

Aditi Singh BPT, MPT (Neurology), Gold Medallist, PhD, PG Diploma (Hospital Management). She is currently serving as a HoD & Associate Professor in college of Physiotherapy, Jagannath University, Jaipur. With over 10 years of experience, she has published many articles in Scopus indexed journals and has guided over 70 students in research. She holds multiple copyrights and patents and has been presented with numerous awards





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Authors
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About the Authors

Manisha A. Rath BPT, MPT (CBR), PhD, is currently working as a Principal and Professor at Khyati College of Physiotherapy, Ahmedabad, and adjunct Professor at Dr. D. Y. Patil College of Physiotherapy, Pune. In her 28 years of professional service, she has 24+ years of teaching experience. She has contributed chapters in many books and has more than 85 publications.



Preeti Gazbare BSc (PT), MPT (Neurosciences), PhD (Pursuing), Diploma in rehabilitation. She is currently working as a Professor at Dr. D. Y. Patil College of Physiotherapy, Pimpri, Pune. In her 20 years of professional service, she has contributed to academics, clinical, research, and administration. She believes in the translation and application of theoretical knowledge into clinical practice. She has 45 publications in peer-reviewed journals to her credit.



Author
Priyadarshini Mishra



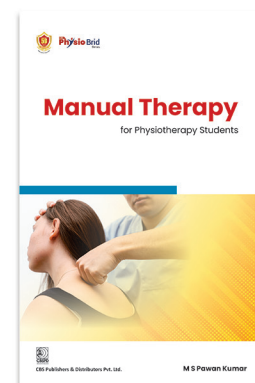
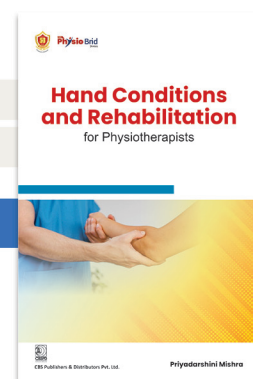
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About the Author

Priyadarshini Mishra BPT, MPT (Orthopaedics), PhD scholar, is currently working as an Associate Professor at ABSMARI: Abhinav Bindra Sports Medicine and Research Institute, Bhubaneswar, Odisha. She has more than 12 years of experience in academics and research including hand, geriatrics, ergonomics, occupational disorders, rare disorders, low back pain, and various new-era applications for young professionals. She has authored 5 books and published 4 articles in national journals and 16 articles in international journals of repute. Additionally, she serves on the research committee of Eudoxia University, USA, and reviews for several well-known journals.



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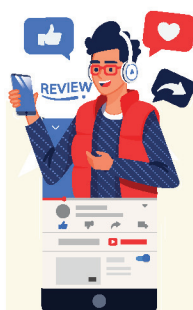
Author
M S Pawan Kumar



MRP
TBA

About the Authors

M S Pawan Kumar BPT, MHSc, COMPT, FRCPT, MIAP is an Orthopaedic manipulative physiotherapist & ergonomist and holds several key positions including Director of the International Institute of Digital Teachings (IIDT), instructor for "Diagnostic utility" (Orthopaedic Physiotherapy) in FRCPT (Fellowship in Radiology Course for Physiotherapist) IIDT, Bengaluru. His diversified roles involve not only clinical practice but also significant contributions to education and technological advancements in physiotherapy.

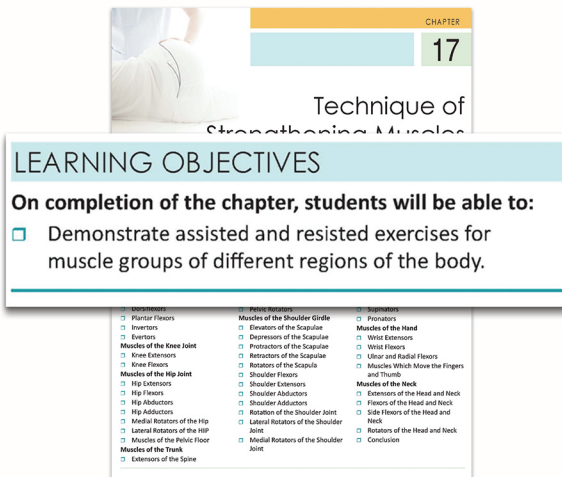


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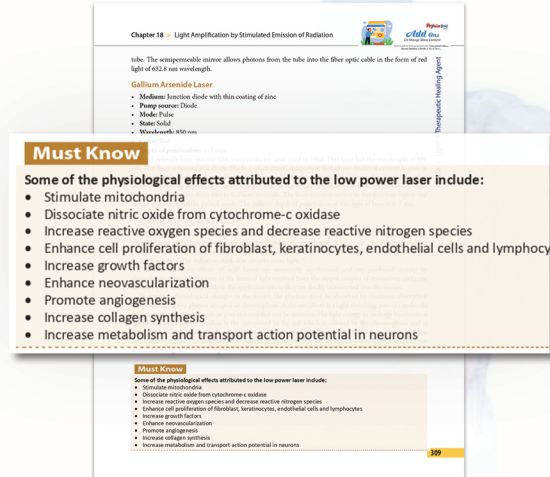
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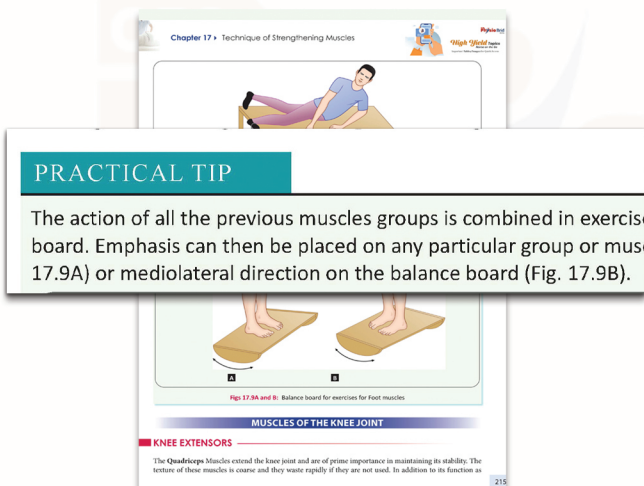
Features & Glimpses of **PhyBio** Brid Series



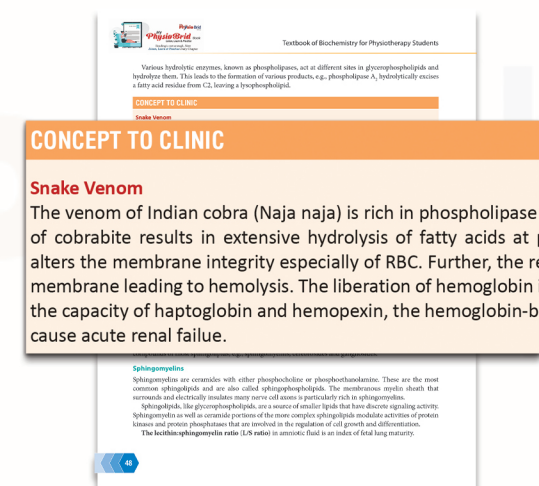
Learning Objectives in the beginning of every chapter help readers understand the purpose of the chapter.



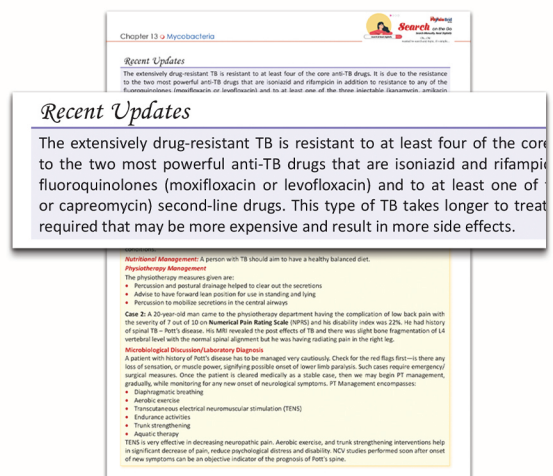
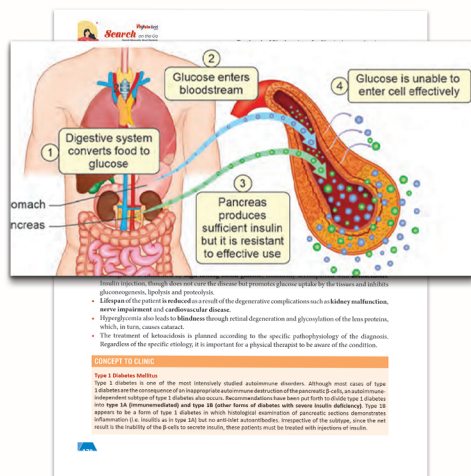
Must Know boxes provide the overview of important facts and terms of the concerned topic.



Concept to Clinic boxes depict evolving conceptual details for application in clinical situations.



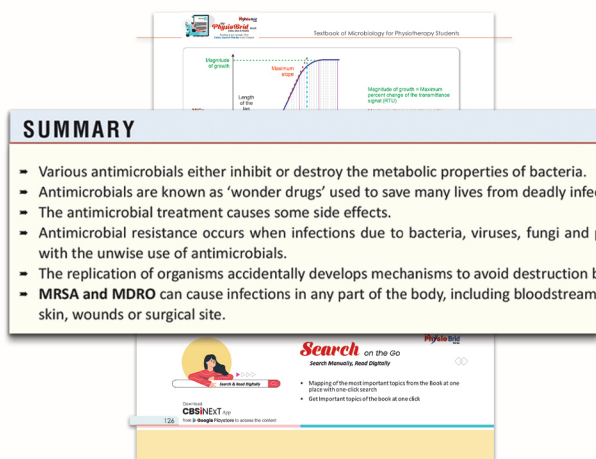
Concept to Clinic boxes depict evolving conceptual details for application in clinical situations.



Colorful Figures are well illustrated in the books.

Any advancements that have taken place in recent times relevant to study and practice are enlisted as **Recent Updates**.

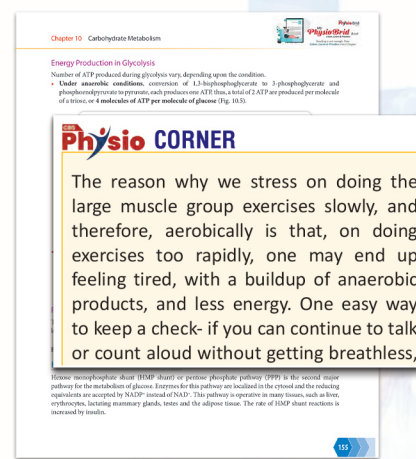
Features & Glimpses of **PhyBio** Brid Series



SUMMARY

- Various antimicrobials either inhibit or destroy the metabolic properties of bacteria.
- Antimicrobials are known as 'wonder drugs' used to save many lives from deadly infections.
- The antimicrobial treatment causes some side effects.
- Antimicrobial resistance occurs when infections due to bacteria, viruses, fungi and parasites develop with the unwise use of antimicrobials.
- The replication of organisms accidentally develops mechanisms to avoid destruction by antimicrobials.
- MRSA and MDR0** can cause infections in any part of the body, including bloodstream, skin, wounds or surgical site.

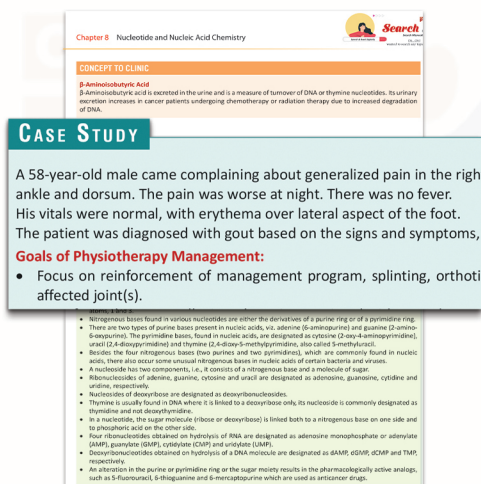
Important takeaway points of respective chapters have been highlighted under **Summary Boxes**.



Physio CORNER

The reason why we stress on doing the large muscle group exercises slowly, and therefore, aerobically is that, on doing exercises too rapidly, one may end up feeling tired, with a buildup of anaerobic products, and less energy. One easy way to keep a check- if you can continue to talk or count aloud without getting breathless,

Physiotherapy correlation of the topics under study is mentioned as **Physio Corner**.



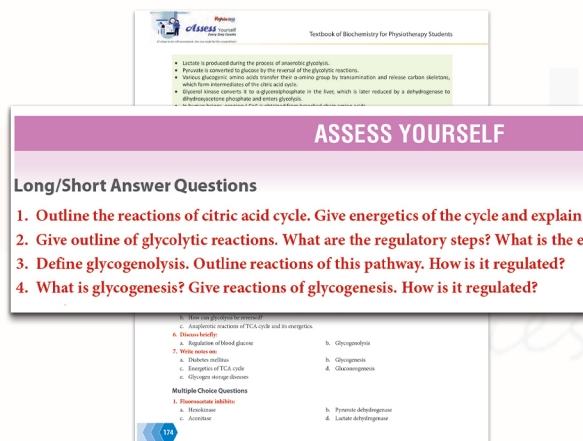
CASE STUDY

A 58-year-old male came complaining about generalized pain in the right ankle and dorsum. The pain was worse at night. There was no fever. His vitals were normal, with erythema over lateral aspect of the foot. The patient was diagnosed with gout based on the signs and symptoms.

Goals of Physiotherapy Management:

- Focus on reinforcement of management program, splinting, orthotic affected joint(s).

Case Study demonstrates example(s) of specific clinical scenarios that are often encountered by Physiotherapists.

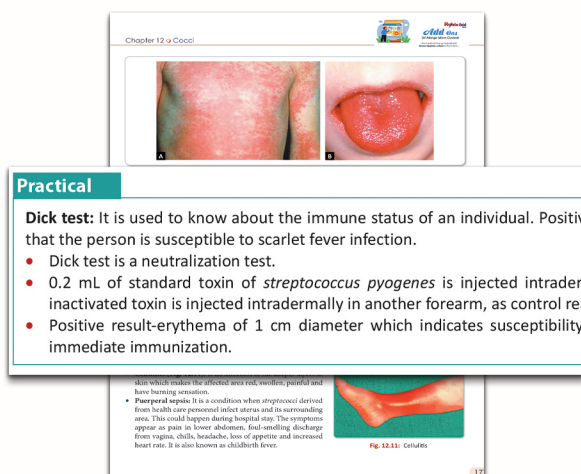


ASSESS YOURSELF

Long/Short Answer Questions

- Outline the reactions of citric acid cycle. Give energetics of the cycle and explain!
- Give outline of glycolytic reactions. What are the regulatory steps? What is the effect of insulin?
- Define glycogenolysis. Outline reactions of this pathway. How is it regulated?
- What is glycogenesis? Give reactions of glycogenesis. How is it regulated?

At the end of chapters, **Assess Yourself** section is given which contains frequently asked questions in exams and multiple choice questions to help you attain mastery over the subject.



Practical

Dick test: It is used to know about the immune status of an individual. Positive result indicates that the person is susceptible to scarlet fever infection.

- Dick test is a neutralization test.
- 0.2 mL of standard toxin of *streptococcus pyogenes* is injected intradermally.
- Inactivated toxin is injected intradermally in another forearm, as control reaction.
- Positive result-erythema of 1 cm diameter which indicates susceptibility to scarlet fever.

Practical boxes highlight the important laboratory tests.

7 Hybrid Features of CBS **Phyio Brid** Series Physiotherapy HyBrid Books

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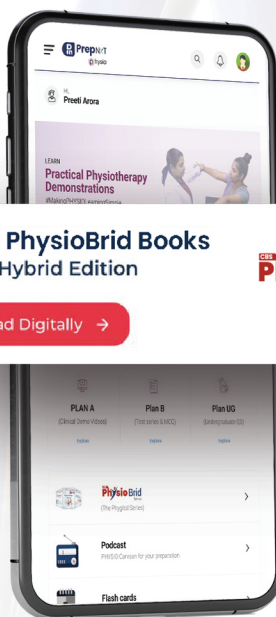
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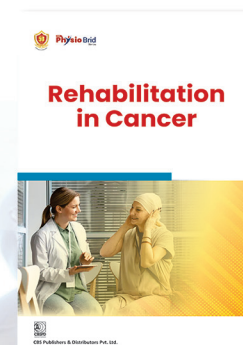
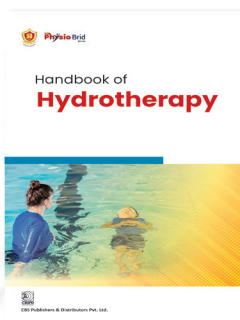
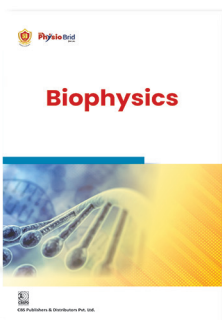
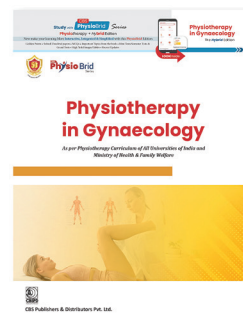
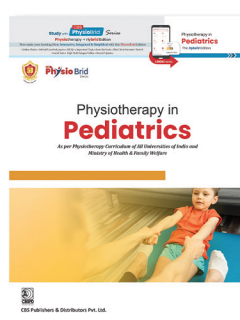
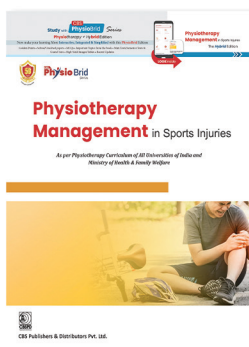
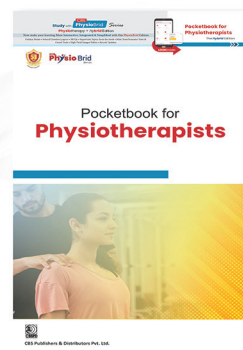
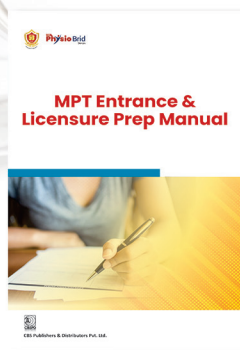
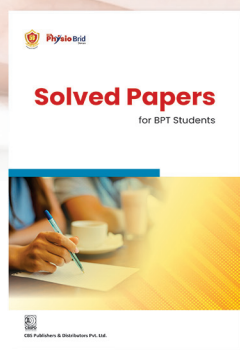
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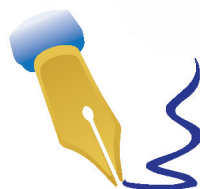
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MR BHUPESH AARORA
Sr Vice President
(Publishing & Marketing)
Mob.: 9555353330
Email: bhupeshaarora@outlook.com

OR
Centralized Publishing Unit
Mob.: 9311349016
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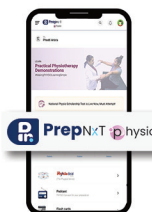
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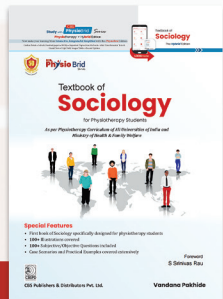
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By the Reviewers of the Books



Prof. Dr. Maneesh Arora

Professor and Dean
Sardar Bhagwan Singh University,
Dehradun

The manuscript quality from a scientific view point is acceptable. The content is satisfactory. Layout is good



Dr P. Mohankumar

Head i/c – Physiotherapy
Department of Physiotherapy,
School of Allied Health Sciences,
Hindustan Inst. of Tech and Science
Padur, Tamil Nadu

The book is well written & easy to understand. Presentation and the organization of content is good



Prof. Dr. Jasmine Anandabai

Professor, Dean and Principal
Swami Vivekanand Subharti University,
Meerut

Content is adequate for the subject and curriculum for physiotherapy students. Good presentation and description in figures / annexure.



Dr Vandana Vijaykumar Vyas

Principal i/c – Physiotherapy
Shama Institute of Medical Sciences,
Gujarat University, Ahmedabad

The approach is excellent and reader-friendly for students. The book provides a more comprehensive elaboration on the factors responsible for health and sickness in society from a medical sociology perspective, with a focus on how these factors relate to physiotherapy. Language is understandable and well-sequenced.



Dr Kavita Kaushal

Professor and Principal
College of Physiotherapy
AIMSR, Adesh University, Bathinda

The book is well searched and showcased accurately. It is systematically written and covered all points. The presentation goes step wise and is easy to understand.



Dr Atul Kumar Singh (PT)

Asst. Director / HOD
JNU College of Physiotherapy,
Jaipur National University, Jaipur

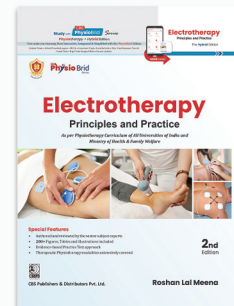
The language is easy to understand & concise. Content is comprehensive & substantial.



Dr Sharki Rawat (PT)

Demonstrator at Jagannath University,
Bahadurgarh, Haryana

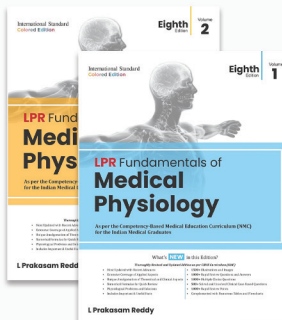
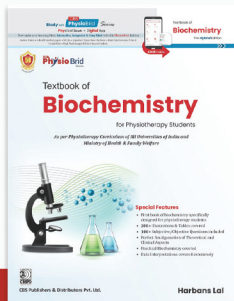
The to-the-point approach with a comprehensive language makes it a good quality electrotherapy book. It is easy, simple and relevant for BPT students. Visual presentation is a strong point and recommended for clear understanding.



Dr Snigdha Verma (PT)

Assistant Professor
Kingston Imperial Institute Dehradun,
Uttarakhand

This book is designed especially for physiotherapy students with an excellent presentation and layout. Coverage of topics through flowcharts, diagrams and tables is a highlight. Must have for BPT students



Dr Abhishek Sharma

Assistant Professor,
Aarogyam Institute of Paramedical and
Health Sciences Roorkee, Uttarakhand

The content of the book is as per the syllabus for BPT students with excellent presentation. Language is simple and easy to understand. Quality product. Definitely recommend this book to colleagues and students.



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