



Contents

<i>Preface</i>	<i>vii</i>
1. Introduction to Herbal Plants and Cosmetics in Indian Market	1
2. External Parts of Human Body and their Different Complications	4
Skin 4	
Hair 10	
Nails 12	
Ear 13	
Mouth 15	
3. Antioxidants	17
Antiseptics 32	
Preservatives and Protectives 36	
4. Introduction to Topical Cosmetics and their Evaluations	46
Hair Care 46	
Hair Conditioner 46	
Hair Dyes 49	
Shampoos 53	
Skin Care 61	
Creams 61	
Lotion 62	
Eye Make-up 69	
Lipsticks 73	
Dentifrices 75	
Mouth Wash 78	
Toiletries and Perfumes 81	
5. Individual Herbs with their Details in Cosmetics Formulations	84
<i>Acacia concinna</i> 84	
<i>Acorus calamus</i> 89	
<i>Alkanna tinctoria</i> 95	
<i>Aloe vera</i> 99	
<i>Azadirachta indica</i> 109	

Berberis aristata 117
Bixa orellana 125
Calendula officinalis 130
Centella asiatica 138
Chamomilla recutita 147
Cinchona succirubra 155
Citrus aurantium 158
Citrus lemon 166
Cocos nucifera 173
Crataegus laevigata 180
Cucurbita pepo 188
Cucumis sativus 194
Curcuma longa 201
Daucus carota 207
Echinaceae angustifolia 212
Eclipta alba 218
Emblica officinalis 226
Eucalyptus globules 233
Ficus carica 240
Ginkgo biloba 245
Glycyrrhiza glabra 250
Hibiscus rosa sinensis 257
Juglans regia 263
Luwsonia inermis 269
Matricaria chamomilla 276
Nardostachys jatamansi 283
Ocimum sanctum 288
Primula veris 295
Prunus dulcis 299
Rosmarinus officinalis 306
Santalum album 311
Stevia rebaudiana 317
Thymus vulgaris 323
Trigonella foenum-graecum 330
Vetiveria zizanioides 336
Zingiber officinale 334

Index