

# Textbook of Human Embryology

with Clinical Cases, 3D Illustrations and Flowcharts

is the completely rewritten, revised and updated edition of the popular textbook designed to meet the requirements of students and teachers as per the latest NMC Guidelines | CBME Curriculum. It aims to serve as a comprehensive textbook on human embryology for undergraduate medical, dental, AYUSH, paramedical and nursing students.

#### Salient Features of the Book

- Concise text with clinical correlation for quick recapitulation during examination.
- Colour atlas 3D illustrations to provide easy imagining of developing structures.
- Line diagrams are easy to draw figures for theory examination.
- Flowcharts help to revise and memorise the text and to consolidate the knowledge.
- Tables to summarise essential facts.
- Summary (examination guide) to overcome the difficulty of summarising the facts and developmental sequence in theory examinations.
- NExT, MCQ, Viva Voce, High Yielding Facts and Clinical Facts markings for preparation of various upcoming academic entrance examinations.
- Boxes to focus on important topics.
- Interesting facts to isolate them from the main text so that these facts should not be missed by readers and ease the reading burden.
- 40 Scanning electron micrographs to give real insight in developing structures.
- Clinical cases for early clinical exposure of various clinical anomalies encountered by eminent clinicians (vertical integration).
- QR codes for revision video series for quick and effective revision of high-yield topics.
- QR codes for self-assessment MCQ tests.

**Free Clinical Embryology Workbook:** The main textbook is supported with a workbook, which has the following:

- 22 Mind Maps for summarizing major topics for rapid revision.
- Clinical-based Embryology Reasoning Questions to encourage students to think critically.
- Clinical Case Scenario-based MCQs and practice figures for preparation of various academic examinations.

Free access to digital content through CBSiCentral app:

- Diagram videos and animated videos for learning "how to draw line diagrams"
- Additional topics, clinical aspects and recent advances
- Chapter-wise hand-written notes
- Self-assessment MCQ tests

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Textbook of  
Human Embryology

Yogesh Sontakke

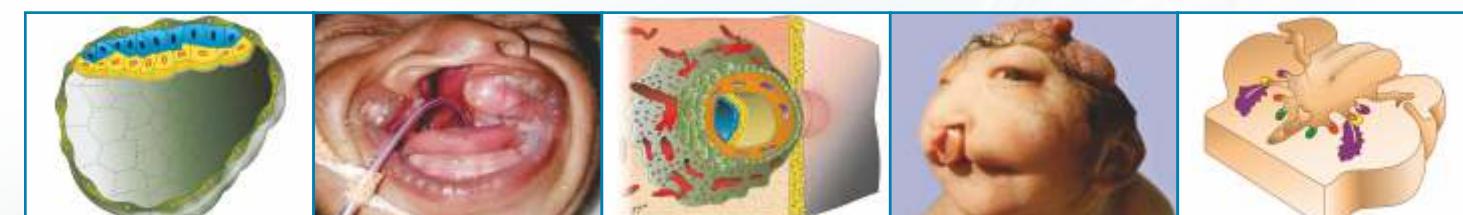
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As per the latest NMC Guidelines | Competency Based Medical Education (CBME)  
Curriculum under Graduate Medical Education Regulation



Third Edition

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# Preface to the Third Edition

This edition of *Textbook of Human Embryology* has been carefully revised to fulfil the requirements of students and teachers as per the latest Competency Based Undergraduate Curriculum for Indian Medical Graduate.

## Features of this book:

- **Concise text** with clinical correlation for quick recapitulation during examination.
- **257 Color atlas 3D illustrations** to provide easy imagining of developing structures.
- **105 Line diagrams** (practice figures) are easy to draw figures for theory examination.
- **107 Flowcharts** help to revise and memorize the text and to overcome the difficulty of summarizing the facts and developmental sequence in theory examinations and consolidation of knowledge.
- **61 Tables** to summarize essential facts.
- **Summary (examination guide)** to overcome the difficulty of summarizing the facts in theory examinations.
- **NExT, MCQ, Viva, High yielding facts and Clinical facts** markings for preparation of various upcoming academic entrance examinations.
- **62 Boxes** to focus on important topics.
- **Interesting facts** to isolate them from the main text, so that these facts should not be missed by readers and ease the reading burden.
- **40 Scanning electron micrographs** to give real insight into developing structures.
- **88 Clinical cases** for *early clinical exposure* of various clinical anomalies encountered by eminent clinicians (vertical integration).
- QR codes for **eSmartQuiz**—Chapter-wise Online MCQ test for self-assessment.
- QR codes for **revision video series** for quick and effective revision of high-yield topics.

**Free Clinical Embryology Workbook:** The main textbook is supported with a workbook, which has the following:

- **22 MindMaps for summarizing major topics:** MindMaps or ConceptMaps are provided to summarize intricate topics for rapid revision.
- **Clinical-based embryology reasoning questions:** This section includes reasoning-based questions that encourage students to think critically about developmental abnormalities, teratogens, genetic influences, and their impact on human health.
- **Clinical Case Scenario-based MCQs:** The MCQs are a fundamental part of medical assessments. This section provides clinically oriented MCQs that challenge students to apply their embryological knowledge to clinical case scenarios.
- **Practice figures:** To help out the students by making them aware of practicing selected figures for preparation of theory examinations.

**Free access to Digital content through CBSiCentral app:** It includes the following:

- Additional topics, clinical aspects and recent advances
- Chapter-wise **Hand-written notes**
- **Diagram videos** – Animated videos for learning “how to draw line diagrams”
- Self-assessment **MCQ tests**

I am hopeful that this book will help to fulfil all the requirements of students and teachers. Students are suggested to read the book in the following sequence:

Color atlas 3D illustrations → Stages of development → Flowchart → Table → Summary (Examination Guide) → Practice Figure

Any suggestions from the readers are welcome.

**Yogesh Sontakke**  
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# Preface to the First Edition

This *Textbook of Human Embryology* has been written keeping in mind the requirements of students and teachers. Due to the complexity of the subject, readers face difficulty in understanding and imagining the developing human structures. Hence, in the present book, the attempt has been made to provide all necessary information for easy understanding.

User-friendly features of this book with their purposes are as follows:

- **Concise text** is given in easy language; unnecessary details are avoided.
- **3D illustrations** to provide easy imagining of developing structures.
- **Flowcharts** to revise and memorise the developmental sequence.
- **Tables** to summarise essential facts.
- **Summary (examination guide)** to overcome the difficulty of summarising the facts in theory examinations.
- **Neet, MCQ, Viva Voce and Clinical facts** markings for preparation of various upcoming academic entrance examinations.
- **Boxes** to focus on important topics.
- **Interesting facts** to isolate them from the main text, so that these facts should not be missed by readers.
- **40 Scanning electron micrographs** to give real insight in developing structures.
- **70 Clinical cases** for early clinical exposure of various clinical anomalies encountered by eminent clinicians.
- **Special topics** such as assisted reproductive techniques (including *in vitro* fertilisation) and ultrasonography in embryology are also included to give orientation towards clinical aspects.

I am hopeful that this book will help to fulfil all the requirements of students and teachers.

Students are suggested to read in the following sequence:

Illustrations → Stages of development → Flowchart → Table → Summary (examination guide) → Practice Figure

Any suggestions from the readers for rectification and improvement are welcome at [dryogeshas@rediffmail.com](mailto:dryogeshas@rediffmail.com)

**Yogesh Sontakke**



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2.2	Menstrual cycle: Uterine and ovarian changes		5.2	Assisted reproduction technology – other methods	
2.3	Menstrual cycle: Hormonal control and disorders		6.1	Second week of development: Bilaminar germ disc	
3.1	Spermatogenesis		6.2	Yolk sac and fetus as graft	
3.2	Structure of sperm		7.1	Gastrulation	
3.3	Ovulation		7.2	Notochord	
3.4	Ovulation and tests for ovulation		7.3	Neurulation	
3.5	Structure of ovum		8.1	Ectodermal and endodermal differentiation	
4.1	Fertilization		8.2	Mesodermal differentiation	
4.2	Cleavage		8.3	Somite	

No.	Topic		No.	Topic	
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9.1	Placenta: Introduction		12.3	Development of palate	
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9.5	Umbilical cord		14.1	Development of oesophagus	
9.6	Amnion and yolk sac		14.2	Development of stomach	
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