

Contents

<i>Foreword by VD Patil</i>	<i>vii</i>
<i>Preface to the Third Edition</i>	<i>ix</i>
<i>Preface to the First Edition</i>	<i>xi</i>
<i>CBME Compencies and Case Study Topics</i>	<i>xvii</i>
<i>Abbreviations</i>	<i>xxv</i>

SECTION I. HAEMATOLOGY

Exercise 1. Haemopoiesis	3
Exercise 2. Blood Collection	8
Exercise 3. Anticoagulants	10
Exercise 4. Peripheral Smear (Blood Film) Preparation and Staining	12
Exercise 5. Haemoglobin (Hb) Estimation	14
Exercise 6. Cell Counts	17
Exercise 7. Red Cell Indices	21
Exercise 8. Absolute Eosinophil Count	22
Exercise 9. Differential Leukocyte Count	23
Exercise 10. Packed Cell Volume (Haematocrit)	26
Exercise 11. Erythrocyte Sedimentation Rate (ESR)	28
Exercise 12. Blood Groups Related Exercises	31
Exercise 13. Normal Blood Picture	36
Exercise 14. Nutritional Anaemias	37
Exercise 15. Haemolytic Anaemias and Tests Related to Haemolytic Anaemias	44
Exercise 16. Leukaemias	56
Exercise 17. Multiple Myeloma/Plasma Cell Dyscrasias	64
Exercise 18. Bleeding Disorders	66
Exercise 19. Tests Related to Bleeding Disorders	67
Exercise 20. LE Cell Phenomenon	70
Exercise 21. Romanowsky Stains, Buffer, Instruments and Cleaning of the Glassware	72
Exercise 22. Automation in Haematology	74
Haematology Supplements	79

SECTION II. CLINICAL PATHOLOGY AND BASICS OF CYTOLOGY...

Exercise 23. Urine Examination	97
Exercise 24. Pregnancy Test	114
Exercise 25. Semen Analysis	115
Exercise 26. Glucose Tolerance Test (GTT)	117

Exercise 27. Fractional Test Meal (FTM)	118
Exercise 28. Renal Function Tests	119
Exercise 29. Liver Function Tests	121
Exercise 30. Thyroid Function Tests	123
Exercise 31. Instruments	125
Exercise 32. Malaria and Filariasis	131
Exercise 33. Basics of Cytology	135
Exercise 34. Haematology, Clinical Pathology and Cytology Charts/Case Studies	136
Clinical Pathology Supplements	142

SECTION III. GENERAL PATHOLOGY AND SYSTEMIC PATHOLOGY

Exercise 35. Fixation and Processing for Paraffin Section and Frozen Section	149
Exercise 36. Cell Injury	153
Exercise 37. Fatty Change (Liver, Heart) and Amyloidosis	159
Exercise 38. Inflammation (Acute and Chronic) and Granulation Tissue	164
Exercise 39. Chronic Venous Congestion, Thrombosis, Infarction, Myocardial Infarction (MI) and Lung Infarction Oedema and Shock	181
Exercise 40. Neoplasia	196
Exercise 41. Some Common Tumours	203
Exercise 42. Atherosclerosis and Vascular Pathology in Hypertension	207
Exercise 43. Heart Lesions	211
Exercise 44. Lesions of Respiratory Tract	222
Exercise 45. Salivary Gland Tumours	239
Exercise 46. Lesions of Gastrointestinal Tract	242
Exercise 47. Common Lesions of Liver	254
Exercise 48. Neoplasms of Breast	264
Exercise 49. Kidney Lesions	271
Exercise 50. Neoplasms Arising from Stratified Squamous Epithelium	286
Exercise 51. Tumours of Melanocytes	289
Exercise 52. Endometrium and Uterus, Trophoblastic Diseases and Cervix the Normal Endometrium	293
Exercise 53. Common Ovarian Tumours	303
Exercise 54. Common Testicular Lesions	307
Exercise 55. Lesions of Prostate	310
Exercise 56. Common Bone Lesions	312
Exercise 57. Lesions of Thyroid	316
Exercise 58. Lesions of Lymph Node	319
Exercise 59. Lesions of Brain	325
General and Systemic Pathology Supplements	329

SECTION IV. HISTOPATHOLOGY TECHNIQUES

Exercise 60. Accessing Procedures in Surgical Pathology	343
Exercise 61. Fixatives	346
Exercise 62. Processing	350

Exercise 63. Haematoxylin and Eosin (H & E) Staining	352
Exercise 64. Microtomes and Microtomy	354
Exercise 65. Frozen Section	361
Exercise 66. Decalcification	362
Exercise 67. Special Stains	365
Exercise 68. Theoretical Aspects of some of the Special Stains	368

SECTION V. CYTOLOGY TECHNIQUES

Exercise 69. Cytological Fixatives	373
Exercise 70. Lysing Fixatives	374
Exercise 71. Criteria to Evaluate Screening Tests	375
Exercise 72. Different Staining Techniques in Cytology	376
Exercise 73. Cytopreparatory Techniques	379
Exercise 74. Technique of Fine Needle Aspiration Cytology (FNAC)	381
Exercise 75. Pleural, Pericardial and Peritoneal Fluids	384
Exercise 76. Cerebrospinal Fluid (CSF)	388
Exercise 77. Synovial Fluid	391
Exercise 78. Sampling, Cytopreparatory Techniques and Cytology of Oral Cavity and Alimentary Tract (Oesophagus, Stomach and Duodenum)	394
Exercise 79. Sampling, Cytopreparatory Techniques and Cytology of Respiratory Tract	396
Exercise 80. Sampling, Cytopreparatory Techniques and Cytology of Urinary Tract	401
Exercise 81. FNAC of Thyroid, Salivary Gland and Breast Lesions	403
Exercise 82. Cytology of Female Genital System	407
Exercise 83. Hormone Cytology	412
Exercise 84. Barr Body	416
Cytology Supplements	417
<i>Answers of the Cases</i>	418
<i>Similes in Pathology</i>	442
<i>Know your Scientists</i>	448
<i>Pearls to Remember</i>	450
<i>Normal Values</i>	470
<i>References</i>	472
<i>Index</i>	475