

# Contents

*Preface to the Fourth Edition*

*vii*

*Preface to the First Edition*

*viii*

## Section 1: HAEMATOLOGY EXPERIMENTS

1.1.	To study the compound microscope and observe common interfering objects under low power and high power	1
1.2.	To study haemocytometer and to collect blood sample	11
1.3.	Determination of red blood cell (RBC) count	16
1.4.	Determination of total leukocyte count (TLC)	21
1.5.	Estimation of haemoglobin by Sahli's method	24
1.6.	Preparation of blood smear (film) and identification of various cells	29
1.7.	To do the differential leukocyte count (DLC) of your own blood	40
1.8.	To determine bleeding time (BT) and clotting time (CT) of your own blood	42
1.9.	Determine your own blood group	44
1.10.	Determination of erythrocyte sedimentation rate (ESR) (Demonstration)	48
1.11.	Determination of packed cell volume (PCV) and calculation of blood indices	52
1.12a.	Determination of specific gravity of a given sample of blood by copper sulphate method (Demonstration)	56
1.12b.	To study the effect of hypotonic, hypertonic, isotonic saline, HCl and tannic acid	58
1.12c.	Determination of osmotic fragility of erythrocytes	59
1.13.	Determination of reticulocyte count (Demonstration)	62
1.14.	Determination of platelets count	65
1.15.	Determination of absolute eosinophil count (Demonstration)	68

## Section 2: AMPHIBIAN EXPERIMENTS

2.1.	General apparatus used in the amphibian experiments	77
2.2.	Demonstrate the following with gastrocnemius muscle and sciatic nerve preparation of frog	86
	I. Recording of simple muscle twitch and effect of temperature on it.	
	II. Effect of strength of stimulus on muscle contraction.	
	III. Conduction velocity of sciatic nerve.	
2.3.	Demonstrate the following on gastrocnemius muscle and sciatic nerve preparation of frog	93
	I. Effect of two successive stimuli applied at different time intervals.	
	II. Genesis of tetanus.	
2.4.	Demonstrate the following on gastrocnemius muscle and sciatic nerve preparation	98
	I. Effect of load on muscle performance.	
	II. Phenomenon of fatigue.	
2.5.	Demonstrations:	106
	I. Recording of normal cardiogram of frog and to study effect of temperature on it.	
	II. To study the effect of adrenaline, acetyl choline and atropine on frog's heart.	
	III. To study effect of stimulation of vasosympathetic trunk and white crescentic line (WCL).	

- |      |  |     |
|------|--|-----|
| 2.6. | Demonstrate:   | 112 |
|      | I. Phenomenon of extrasystole, compensatory pause and refractory period in frog's heart. |     |
|      | II. Cardiac properties after tying Stannius ligatures.                                   |     |

### Section 3: HUMAN EXPERIMENTS

- |        |   |     |
|--------|---|-----|
| 3.1.   | To study the phenomenon of fatigue and the effect of various variables on it by Mosso's ergograph               | 121 |
| 3.2.   | To study the phenomenon of fatigue in human by handgrip dynamometer   | 125 |
| 3.3.   | To record electromyograph (EMG)   | 127 |
| 3.4.   | Determination of conduction velocity of human ulnar nerve   | 129 |
| 3.5.   | Determination of blood pressure at rest in a volunteer (*PY5.12)  | 131 |
| 3.6.   | To study the effect of posture on BP in human (*PY5.12)   | 136 |
| 3.7.   | To study the effect of exercise on blood pressure (*PY5.12)   | 138 |
| 3.8.   | Recording of body temperature   | 140 |
| 3.9.   | To study the cardiovascular response to exposure of hand to cold  | 142 |
| 3.10.  | Determination of physical fitness of a subject using Harvard step test  | 144 |
| 3.11.  | Recording of human electrocardiogram (ECG)  | 147 |
| 3.12.  | To study respiratory movements by stethograph   | 152 |
| 3.13.  | To study the effect of posture on vital capacity by vitalograph   | 156 |
| 3.14.  | Determination of various lung volumes and capacities by spirometry  | 159 |
| 3.15.  | Determination of basal metabolic rate (BMR) (Demonstration)   | 164 |
| 3.16.  | To determine energy cost of work and mechanical efficiency by using bicycle ergometer (Demonstration)           | 171 |
| 3.17.  | To study human diuresis   | 174 |
| 3.18.  | To map the peripheral field of vision with perimeter (perimetry) (*PY10.20)                                     | 176 |
| 3.19.  | Mapping of physiological blind spot and calculation of optic disc size  | 180 |
| 3.20a. | To test visual acuity (*PY10.20)  | 181 |
| 3.20b. | To test colour vision (*PY10.20)  | 185 |
| 3.21.  | Cardiopulmonary resuscitation: To demonstrate the technique of artificial respiration and cardiac resuscitation | 187 |
| 3.22.  | General physical examination  | 190 |
| 3.23a. | Examination and recording of pulse (*PY5.12)  | 195 |
| 3.23b. | Clinical examination of cardiovascular system (CVS)   | 199 |
| 3.24.  | Clinical examination of respiratory system (*PY6.9)   | 203 |
| 3.25.  | Clinical examination of the abdomen   | 208 |
| 3.26.  | Clinical examination of sensory system (*PY10.11)   | 213 |
| 3.27.  | Clinical examination of motor system (*PY10.11)   | 218 |
| 3.28.  | To study superficial and deep reflexes (*PY10.11)   | 224 |
| 3.29.  | Clinical examination of cranial nerves (*PY10.11) (*PY10.20)  | 236 |
| 3.30.  | Clinical examination of higher functions of nervous system (*PY10.11)   | 247 |
| 3.31.  | Recording of electroencephalogram (EEG)   | 252 |
| 3.32.  | Recording of auditory and visual reaction time  | 255 |
| 3.33.  | Audiometry  | 257 |

*Note: \*Certifiable Competency*