

# Contents

<i>Foreword</i>	v
<i>Preface to the Second Edition</i>	vii
<i>Preface to the First Edition</i>	viii
<i>Index of Competencies</i>	xi

## **Section I** **Family Survey and Clinico-social Cases**

1. Spot Map of Field Practice Area	3
2. Demographic Details and House Survey	5
3. Immunization Status	9
4. Personal Hygiene	10
5. Environmental Health Status	12
6. Socioeconomic Status	16
7. Sociocultural Environment	19
8. Preventive Check-up (ANC/PNC, Under 5)	23
9. Preventive Check-up (Other Individuals)	43
10. Dietary Assessment	44
11. Case Presentations (Diabetes, Hypertension, etc.)	47

## **Section II** **Spots**

12. Cold Chain Equipment	63
13. Vaccines	68
14. Biomedical Waste Management	80
15. Contraceptives	84
16. Medicines	92
17. Nutrition	97
18. Instruments	102
19. Entomology	108
20. Miscellaneous	118

### Section III Epidemiological and Statistical Exercises

21. Epidemiology	123
22. Fertility-based Indicators	129
23. Data and its Presentation	133
24. Measures of Central Tendency and Dispersion	135
25. Tests of Significance	138
26. Screening Test	142
27. Investigation of an Outbreak	144

### Section IV Field Visits to Public Health Institutions

28. Milk Processing Unit (Dairy)	149
29. District Health Store (Cold Chain)	151
30. District Tuberculosis Centre	153
31. Biomedical Waste Management Facility	155
32. Anganwadi Centre (icds Scheme)	157
33. Non-governmental Health Agency (ngo)	158
34. Immunization Clinic	159
35. Subcentre	161
36. Primary Health Centre	162
37. Community Health Centre	164
38. Urban Health Training Centre (UHTC)	166
39. Rural Health Training Centre (RHTC)	168
40. Industrial Unit	170

### Section V Additional Resources

41. National Health Programmes	175
42. Research Project	193
43. Important Definitions	195
Index	198