

Contents

<i>Foreword by M Venkatraya Prabhu</i>	<i>vii</i>
<i>Foreword by Surendra Umesh Kamath</i>	<i>ix</i>
<i>Preface</i>	<i>xi</i>
1. Orthopaedic Case Notes	1
2. The Foundations of Modern Orthopaedics	4
3. Common Orthopaedic Terminologies	17
4. Polytrauma	19
5. Fractures of Clavicle	25
6. Injuries of the Acromioclavicular Joint	31
7. Fractures of the Scapula	34
8. Shoulder Dislocation	36
9. Recurrent Dislocation of the Shoulder	42
10. Fracture Surgical Neck of Humerus	46
11. Fracture Shaft of Humerus	50
12. Intercondylar Fractures of Humerus	54
13. Dislocation of Elbow Joint	57
14. Fractures of Radial Head	61
15. Fractures of Radial Neck	65
16. Olecranon Fractures	71
17. Elbow Injuries in Children	74
18. Fracture Both Bones of Forearm	93
19. Monteggia Fractures	95
20. Galeazzi Fractures	98
21. Fractures of Distal Radius	101
22. Scaphoid Fractures	107
23. Carpal Instability	112
24. Bony and Joint Injuries of the Hand	118
25. Tendon Injuries of the Hand	122
26. Injuries of the Cervical Spine	127
27. Injuries of Thoracic Spine	138
28. Injuries of Lumbar Spine	141
29. Pelvic Fractures	146
30. Hip Dislocation	153

31. Fracture Neck of Femur	157
32. Nonunion Fracture Neck of Femur	162
33. Intertrochanteric Fractures	168
34. Subtrochanteric Fracture	172
35. Fracture Shaft of Femur	177
36. Fractures of Distal Femur	179
37. Fractures of Patella	184
38. Tibial Plateau Fractures	188
39. Ligamentous Injuries of the Knee Joint	192
40. Meniscal Injuries	206
41. Closed Fractures of Both Bones of Leg	212
42. Open Fractures of Both Bones of Leg	215
43. Ankle Sprain	220
44. Fractures Around the Ankle Joint	224
45. Fractures of Talus	234
46. Fractures of Calcaneum	239
47. Fractures of Bones of Foot and Toes	243
48. Lisfranc Injury of the Foot	248
49. Peripheral Nerve Injuries	251
50. Brachial Plexus Injuries	258
51. Axillary Nerve Injury	264
52. Ulnar Nerve Injury	267
53. Radial Nerve Injuries	273
54. Median Nerve Injuries	277
55. Sciatic Nerve Injury	281
56. Common Peroneal Nerve Injury	283
57. General Principles of Fracture Management	287
58. Injuries of Thoracic Cage	296
<i>Index</i>	303