

Contents

<i>Foreword</i> by FS Mehta	v
<i>Preface</i>	vii
<i>Index of Competencies</i>	xi

SECTION I **Family Survey and Clinico Social Cases**

1. Spot Map of Field Practice Area	3
2. Demographic Details and House Survey	5
3. Immunization Status	9
4. Personal Hygiene	10
5. Environmental Health Status	12
6. Socioeconomic Status	15
7. Sociocultural Environment	18
8. Preventive Check-up (ANC/ PNC, Under 5)	22
9. Preventive Check-up (Other Individuals)	43
10. Dietary Assessment	44
11. Case Presentations (Diabetes, Hypertension, etc.)	47

SECTION II **Spots**

12. Cold Chain Equipment	63
13. Vaccines	67
14. Biomedical Waste Management	82
15. Contraceptives	86
16. Medicines	96
17. Nutrition	103
18. Entomology	110
19. Miscellaneous	121

SECTION III
Epidemiological and Statistical Exercises

20. Fertility-based Indicators	127
21. Data and its Presentation	131
22. Measures of Central Tendency and Dispersion	133
23. Tests of Significance	136
24. Screening Test	140
25. Investigation of an Outbreak	142

SECTION IV
Field Visits to Public Health Institutions

26. Milk Processing Unit (Dairy)	147
27. District Health Store (Cold Chain)	148
28. District Tuberculosis Centre	150
29. Biomedical Waste Management Facility	152
30. Anganwadi Centre (ICDS Scheme)	154
31. Non-governmental Health Agency (NGO)	155
32. Immunization Clinic	156
33. Subcentre	158
34. Primary Health Centre	159
35. Community Health Centre	161
36. Urban Health Training Centre (UHTC)	163
37. Rural Health Training Centre (RHTC)	165
38. Industrial Unit	167

SECTION V
Additional Resources

39. Research Project	171
40. Important Definitions	173
<i>Index</i>	177